**SALADS**

Sherry-Herb Vinaigrette (290 Cal.), Maple Balsamic (220 Cal.) or Caesar Dressing (70 Cal.)

**HOUSE SALAD** 6.59 450Cal.
Masculine Greens with organic Vegetables (Carrots, Cucumbers & Cherry Tomatoes)

**VERMONT ROOTS SALAD** 6.59 460Cal.
Roasted Red & Golden Beets, Vermont Chevre, Red Onion & Candied Walnuts with Baby Spinach

**CAESAR SALAD** 7.29 160Cal.
Organic Kale, Pecorino Romano, Tomato & Onion with Housemade Croutons

**THE FARMER** 7.29 260Cal.
Shredded organic Kale & Spinach with House-Roasted Corn & Feta Salad

Add: Murray’s Marinated Grilled Chicken 3.99 (300 Cal.)
local Cheddar 1.00 (100 Cal.) | Salmon Burger 4.99 (300 Cal.)
Quinoa Patty 3.99 (140 Cal.)

**SANDWICHES**

Served on a local Roll (140Cal.) with House Salad (25Cal.), local Hand-Cut Fries (450Cal.) or Potato Chips (310Cal.)

**BUILD A BURGER**

Served on a local Roll (140Cal.) with House Salad (25Cal.), local Hand-Cut Fries (450Cal.) or Potato Chips (310Cal.)

**TOPPINGS** 0-85Cal.
- Lettuce organic • Tomato • Red Onion organic • Pickles • Jalapenos • Pickled Red Onion organic

**SPREADS**

- BBQ 30Cal. • Frank’s Hot Sauce 0Cal. • Sriracha Aioli 180Cal.

**CHOOSE YOUR PATTY...8.99**

- GRASS-FED BEEF 430Cal.
- MURRAY’S MARINATED CHICKEN 300Cal.
- HOUSEMADE QUINOA 140Cal.

**WITH CHEESE...9.99 110Cal.**

- LOCAL CHEDDAR
- BOGGY MEADOW SWISS

**GREAT GRAINS WRAP 7.99 420Cal.**
Marinated Roasted Mediterranean Vegetables, Tabbouleh, Red Onion & Tomato in a Wheat Wrap

**VERMONTER WRAP 9.99 890Cal.**
Roasted local Turkey, Cranberry Mayo, sliced Apple, local Cheddar, local Bacon and Lettuce in a local Whole Wheat Tortilla

**SALMON BURGER 9.99 740Cal.**
Sustainable Salmon with organic Greens, organic Pickled Red Onions & Tomato topped with Lemon Dill Aioli in a local Roll

Gluten-free bread available upon request

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

**SIDES**

**LOCAL FRIES** 1.99 450Cal.
**SWEET POTATO FRIES** 2.99 420Cal.
**ROAST CORN & FETA SALAD** 2.99 220Cal.
**PETITE HOUSE SALAD** 2.99 25Cal.
**MEATBALLS** (Two) with Marinara & Mozzarella 4.99 530Cal.
**GARLIC BREAD** 1.99 170Cal.

**RESERVED**

**FARMERS BREAKFAST** 6.49 670Cal.
Two Cage-Free Eggs (Scrambled or Over-Easy/Med/Hard) & organic Toast with local Butter & local Homemfires

**BRENNAN’S VEGGIE HASH** 6.59 630Cal.
Organic Kale, Parsnips, Carrots, Onions & local Potatoes topped with Cage-Free Eggs & Hollandaise Sauce served with local Homemfires & local Toast

**THE BREAKFAST SANDWICH** 7.99 740-760Cal.
Cage-Free Eggs, local Cheddar with choice of local Bacon or Veggie Sausage on a toasted local Roll served with local Homemfires

**HUÉVOS RANCHEROS** 7.99 640Cal.
Two Eggs, local Cheddar, local Black Beans, Frank’s Hot Sauce & Salsa Verde over a local Tortilla with Homemfires

Add: local Bacon (90 Cal.) 1.50
Veggie Sausage (140Cal.) 1.50 or local Homemfires (190Cal.) 1.50

**BUILD A BURGER**

Served on a local Roll (140Cal.) with House Salad (25Cal.), local Hand-Cut Fries (450Cal.) or Potato Chips (310Cal.)

**FAVORITES**

**QUESADILLAS** 7.99 750Cal.
Local Black Beans, Roasted Corn, organic Spinach & local Cheddar in a local Whole Wheat Tortilla

**THE ORIGINAL** 6.99 670Cal.
Local Whole Wheat Tortilla loaded with local Cheddar
Add: Murray’s Chicken 1.50 (300 Cal.)

**CHICKEN TENDERS** 8.99 520Cal.
All Natural Coleman’s Chicken breaded in Cornmeal with your choice of Sauce

**CAPRESE PANINI** 8.99 660Cal.
Organic Spinach & Tomatoes with local Mozzarella, Pesto and Balsamic Reduction on local Bread

**ITALIAN PANINI** 9.99 1150Cal.
Salami, Smoked Ham, Provolone, Cherry Peppers, Tomato, Lettuce, Onion, Roasted Garlic Aioli on Toasted local Bread

**SPAGHETTI & MEATBALLS** 7.99 810Cal.
Spaghetti with Housemade local Beef Meatballs with Marinara, Pecorino Romano, Fresh Basil & local Garlic Bread

**MIXED MEATBALLS** (Two) with Marinara & Mozzarella 4.99 530Cal.

**CHICKEN BURRITO** 9.99 810Cal.
Shredded Murray’s Chicken, local Black Beans, local Cheddar, Roasted Corn with Housemade Pico de Gallo & Frank’s Hot Sauce in a local Wheat Tortilla

**GREAT GRAINS WRAP** 7.99 420Cal.
Marinated Roasted Mediterranean Vegetables, Tabbouleh, Red Onion & Tomato in a Wheat Wrap

**VERMONTER WRAP** 9.99 890Cal.
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**SALMON BURGER** 9.99 740Cal.
Sustainable Salmon with organic Greens, organic Pickled Red Onions & Tomato topped with Lemon Dill Aioli in a local Roll

Gluten-free bread available upon request

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LEMONADE 1.89 180Cal.
HOT & ICED TEA 1.89 0Cal.
GREEN MOUNTAIN COFFEE 1.89 0Cal.
MILK (LOCAL) 1.99 220-350Cal.
FOUNTAIN SODA 1.99 0-220Cal.
MAINE ROOT SODA (BOTTLED) 2.49 165Cal.
SAP! MAPLE SELTZER & SODA (LOCAL) 1.99 25-80Cal.
APPLE CIDER (LOCAL) 2.39 240Cal.
ALL TIMES SPARKLING CIDER (LOCAL) 1.99 140Cal.
MILKSHAKE 4.25 520-620Cal.
local Milk & UVM Ice Cream
Sweet Cream • Chocolate • Maple • Coffee • Strawberry
BEER (LOCAL) 4.75 200Cal.
WINE 4.50 130Cal.

V T COOKIE LOVE COOKIES (LOCAL) 2.79 340Cal.
UVM ICE CREAM 3.79 160Cal.
ROOTBEER FLOAT 3.99 260Cal.
CANNOLI 3.99 380Cal.
Chocolate dipped Cannoli Shell filled with Housemade Cannoli Cream, topped with Toasted Almonds, Chocolate Chips & Powdered Sugar

Brennan’s motto is “Local, Sustainable & Organic!” Our menus are built on those core principals, changing it each semester reflects seasonal availability and our commitment to our partners.

REAL FOOD CHALLENGE
In 2012, UVM signed the Real Food Campus Commitment, committing to purchasing 20% “Real Food” by 2020. “Real Food” is defined as food that is either local, humane, fair trade or ecologically sound. Check out our product wall to learn more about who our local and sustainable providers are!

In 2017, UVM surpassed its goal, ending the academic year at 22% and recommitting to 25% Real Food by 2020. Brennan’s continues to be the largest contributor to the overall campus Real Food percentage!

NEW ENGLAND RAISED MEATS
All of our beef and pork comes from Black River Meats, a network of small family farms from Vermont and New England with firm commitments to animal welfare and sustainability.

MURRAY’S CHICKEN
Other than chicken tenders our chicken is from Murray’s, which is Certified Humane and Halal.

PRODUCE
The sourcing of our produce changes with the seasons. Whether it’s coming from Black River Produce, Intervale Food Hub, or UVM’s own Catamount Farm you can be sure that with when it says local, it is from less than 250 miles from campus. All of the potatoes for our hand-cut fries come from Peaslee’s Potatoes in Vermont, the only women-owned and operated potato farm in the U.S.!

ECOWARE & SPORKS
Reduce waste (and save money!) by using an EcoWare reusable take-out container and Spork instead of disposable alternatives. To learn more ask your cashier today!

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